



## Clare Roberts Executive Coach and C-space Founder

Clare is an Executive Coach and advisor to business leads. Through highly-tailored and highly-focused executive coaching services, Clare helps individuals to optimise their potential and enhance organisational performance. She works with them to reinforce success and build on it. She is particularly interested in working with leaders during transition points in their careers – either to a broader role, working within a new organisation or through periods of significant change.

### Coaching approach

For Clare, it's all about taking people to the next level, enjoying the journey and getting results. She focuses on executive coaching to help leaders finesse their skill sets in line with organisational needs. Her warm coaching style supports her drive to bring the best out of people. She has the capability and passion to challenge, influence and motivate at the top levels of organisations. Equally, she can help executives build confidence and resilience through periods of change or uncertainty.

Clare works with clients to develop tailor-made programmes that pinpoint strengths, identify areas for development and establish where the challenges lie. She creates an open, confidential space to develop self-awareness and bridge gaps. Her practical, can-do approach helps her clients move beyond perceived limits and take shared ownership. Clare takes a thoughtful and positive approach to stakeholder buy-in, which is no small part of why she is a sought-after coach, alongside her ability to form strong connections and relationships. It's all about bringing career and company aspirations together to achieve more, more readily.

“I read and challenge clients in a direct but very positive way. My clients feel able to be open and honest, and find the process that I follow with them allows them to take stock, reflect, and grow into stronger and more effective individuals.”

### Background

Clare has nearly two decades of top-tier financial services HR expertise, leading and implementing strategies to attract, develop and retain talent in line with business needs. Before becoming an Executive Coach, Clare worked in Investment Banking as an HR Director and as the Global Head of Learning Development Practitioners at Deutsche Bank. Clare's ability to inspire behavioural change that enhances individual and organisational performance comes from her strong business understanding, and her energetic drive to bring the best out of people. She has recently returned to London after spending four and a half years based in Singapore where she was focused both internationally and across the APAC region.

### Coaching areas of expertise

- Leadership presence and impact
- Developing leadership style
- Managing transitions and leading change
- Team dynamics
- Self-confidence and resilience
- Authenticity
- Work/life balance
- Diversity awareness

“Working with Clare has been a game changer. She has guided and challenged me to look at how I operate and the changes I will need to make to succeed at the next level. I truly appreciate her style – a fantastic combination of warmth, I've extended my sessions twice, says it all!”

**Global Audit Lead, Global Investment Bank**

### Training and qualifications

Clare has a Masters in Personnel and Development from the University of Westminster, is a graduate of the Chartered Institute of Personnel and Development (CIPD) and also has a Bachelor's degree in Management with French from the University of Leeds. Clare is trained and licenced to use the Hogan personality inventory and is an Accredited Executive Coach with the Association for Coaching.

### Professional affiliations

- Association for Coaching
- International Coaching Federation
- CIPD

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“Over a long career, I have never seen a better example of how coaching can really help develop performance. The way Clare and my direct report worked together was a role model for how I would love to see coaching used across the organisation. The programme had real substance and I have seen a considerable positive shift since they started working together.” [Global Risk Officer, Global Investment Bank](#)

“Clare is an excellent coach. She knows how to adapt sessions and topics to the needs of the moment while making progress towards agreed upon goals. Her experience makes all the difference. The programme was very well structured and quite flexible. It has been a tremendous help on a variety of subjects. Clare is by far the best coach I have worked with.”

[Regional CTO, FinTech](#)

“I felt a connection with Clare and was able to open up to her in a way that I don’t usually at work. By the end of the sessions I had real clarity on my career direction – something I had been struggling with for the last 6 months. The coaching has far exceeded my expectations and has been so helpful and positive – Clare is the best coach I have seen.” [Senior Executive, Global Investment Bank](#)

I’ve really enjoyed working with Clare. This was my first experience of working with a coach and it has been far more effective than I was expecting. Clare really helped me identify and act on some of the challenges I face in my role. The most valuable part was having someone to openly discuss work and career with without judgement or bias. Clare was great at picking up on specific things that I needed help with and providing the tools to tackle them.”

[Regional Head, High Frequency Trading and Technology Company](#)

“Clare offers great strategic support to me as a head of a business. We have worked together for almost 3 years and I am so appreciative of Clare’s guidance and push to recognise my own strengths, get out of the day-to-day and consider what it is I am working towards and how I will get there. Clare balances a challenging style with a unique understanding of people management based on her own experience in senior positions. She has helped me get the best out of myself and I have seen a direct benefit in my team as a result.” [CEO, Global Communications Company](#)

“Thanks Clare, for reigniting my purpose, allowing me to ‘create the sparkle’ to drive changes for good! I hope you are continuing to enjoy helping professionals become better and happier versions of themselves.” [Senior Associate, Global Law Firm](#)

“I have thoroughly enjoyed every coaching session with Clare and feel enormously grateful for the opportunity to have spent some high quality time on myself, and my future. Clare has given me the confidence to challenge, experiment and demonstrate an increased level of self-belief. I only wish I had had the opportunity to meet Clare earlier in my career.” [Global Banking and Markets Executive, Global Investment Bank](#)

“Clare is a truly exceptional coach. Her insight into team interaction and individual development areas, as well as her ability to develop people with constructive and targeted feedback, are unparalleled in my experience.” [Managing Director, Global Investment Bank](#)